

FAIRFIELD-SUISUN UNIFIED SCHOOL DISTRICT



Clarence Isadore
Principal

RODRIGUEZ HIGH SCHOOL

A California Distinguished School

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Allison Klein
Assistant Principal

Gary Hiner
Assistant Principal

Dear Mustangs!

Many families love to share special treats (cookies, cupcakes, etc.) with their child's classmates. This year, we are asking that you now choose non-food items to share with students.

State and Federal laws have mandated that every school district create and follow a Wellness Policy to encourage healthy eating habits, physical exercise, and nutrition education. There are also too many food allergens that are not listed and may expose students to something unknown.

New guidelines are now requiring us to change our ways. A full version of the Wellness Policy and other information is online at <https://www.fsusd.org/Page/15094>.

Classroom Celebrations and Incentives: Principals, teachers, and parent groups shall restrict Foods of Minimal Nutrition Value (FMNV), cupcakes, donuts, cookies or any other items not considered healthy in their classrooms or at lunch.

RHS Lunch Guidelines: If you desire to bring your student lunch, you will have to meet them in the front office during their lunch time 12:32 – 1:02 p.m. On Wednesday early release, lunch time is from 11:34-12:04 p.m. The front office **will not** interrupt classrooms for students to pick up their lunch. There are not drop-offs at any time. Parents are encouraged to provide nutritional food that follows the new Wellness Policy guidelines <https://www.fsusd.org/page/15094>. Food may be provided only to your own child and not others.

Parents/Guardians may find electronic copies of the 2017-2018 Parent Student Handbook on the Parent section of the Fairfield-Suisun Unified School District's website. The Parent Student Handbook is available online in English and Spanish. At the beginning of the school year, parents/guardians who have an email on file with their student's school will also receive an email with the Parent Student Handbook attached.

Thank you for helping support a healthy lifestyle for all our Rodriguez students!

Sincerely,

Clarence Isadore
Principal